

## ADHD RATING SCALE

Subject's Name \_\_\_\_\_ Date \_\_\_\_\_

Completed by \_\_\_\_\_ Relationship to Subject \_\_\_\_\_

Please circle the number which best describes the person.

*Never      Sometimes      Often      Most of  
The Time*

### DISTRACTIBILITY

- |   |   |   |   |   |
|---|---|---|---|---|
| <input type="checkbox"/> Makes careless mistakes or overlooks details in schoolwork, work or other activities.  | 0 | 1 | 2 | 3 |
| <input type="checkbox"/> Has difficulty maintaining attention.  | 0 | 1 | 2 | 3 |
| <input type="checkbox"/> Doesn't seem to listen when spoken to directly.  | 0 | 1 | 2 | 3 |
| <input type="checkbox"/> Does not follow through on instructions and fails to finish things (not due to oppositional behavior or failure to understand instructions). | 0 | 1 | 2 | 3 |
| <input type="checkbox"/> Has trouble organizing activities.   | 0 | 1 | 2 | 3 |
| <input type="checkbox"/> Avoids or dislikes tasks requiring sustained concentration (such as homework or paperwork).  | 0 | 1 | 2 | 3 |
| <input type="checkbox"/> Loses or misplaces things needed for tasks or activities.  | 0 | 1 | 2 | 3 |
| <input type="checkbox"/> Easily distracted by extraneous stimuli (such as noises, talking).   | 0 | 1 | 2 | 3 |
| <input type="checkbox"/> Is often forgetful.  | 0 | 1 | 2 | 3 |

### HYPERACTIVITY

- |  |   |   |   |   |
|--|---|---|---|---|
| <input type="checkbox"/> Fidgets with hands or feet or squirms in seat.  | 0 | 1 | 2 | 3 |
| <input type="checkbox"/> Has difficulty remaining seated when expected.  | 0 | 1 | 2 | 3 |
| <input type="checkbox"/> Runs about or climbs when it is inappropriate (in adolescents or adults, may be limited to feeling restless). | 0 | 1 | 2 | 3 |
| <input type="checkbox"/> Has difficulty playing quietly or engaging in leisure activities quietly                                      | 0 | 1 | 2 | 3 |
| <input type="checkbox"/> Is "on the go" or acts as if "driven by a motor".   | 0 | 1 | 2 | 3 |
| <input type="checkbox"/> Talks excessively.  | 0 | 1 | 2 | 3 |

### IMPULSIVITY

- |  |   |   |   |   |
|--|---|---|---|---|
| <input type="checkbox"/> Blurts out answers, responds before question is completed             | 0 | 1 | 2 | 3 |
| <input type="checkbox"/> Has trouble waiting their turn.                                       | 0 | 1 | 2 | 3 |
| <input type="checkbox"/> Interrupts or intrudes on others (butts into conversations or games). | 0 | 1 | 2 | 3 |