The Brain Lady Debra Burdick, LCSW deb@TheBrainLady.com

ADHD RATING SCALE For Use with Professional Guidance

Subject's NameDate _				
Completed byRelat	onship to Subject			
Please circle the number which best describes the person.	Never	Sometimes	Often	Most of The Time
DISTRACTIBILITY				
□ Makes careless mistakes or overlooks details in schoolwork,				
work or other activities.	0	1	2	3
□ Has difficulty maintaining attention.	0	1	2	3
□ Doesn't seem to listen when spoken to directly.	0	1	2	3
□ Does not follow through on instructions and fails to finish things				
(not due to oppositional behavior or failure to understand instruction	ons). 0	1	2	3
□ Has trouble organizing activities.	0	1	2	3
□ Avoids or dislikes tasks requiring sustained concentration				
(such as homework or paperwork).	0	1	2	3
□ Loses or misplaces things needed for tasks or activities.	0	1	2	3
□ Easily distracted by extraneous stimuli (such as noises, talking).	0	1	2	3
□ Is often forgetful.	0	1	2	3
HYPERACTIVITY				
□ Fidgets with hands or feet or squirms in seat.	0	1	2	3
□ Has difficulty remaining seated when expected.	0	1	2	3
□ Runs about or climbs when it is inappropriate (in adolescents				
or adults, may be limited to feeling restless).	0	1	2	3
□ Has difficulty playing quietly or engaging in leisure activities quietly	0	1	2	3
$\hfill\Box$ Is "on the go" or acts as if "driven by a motor".	0	1	2	3
□ Talks excessively.	0	1	2	3
IMPULSIVITY				
□ Blurts out answers, responds before question is completed	0	1	2	3
□ Has trouble waiting their turn.	0	1	2	3
□ Interrupts or intrudes on others (butts into conversations or games).	. 0	1	2	3

Adapted from <u>Diagnostic Statistical Manual of Mental Disorders Fifth Edition</u>, American Psychiatric Association, 2013

Predominantly Inattentive Presentation -6 or more of the symptoms of inattention have persisted for at least 6 months to a degree that is inconsistent with developmental level and that negatively impacts social and academic/occupational activities.

Predominantly Hyperactive Presentation -6 or more symptoms of hyperactivity/impulsivity have persisted for at least 6 months to a degree that is maladaptive and inconsistent with developmental level.

Combined Presentation -6 or more symptoms of both inattentive Presentation and hyperactive/impulsive Presentation.

Some symptoms must be present before age 12.

Symptoms do not occur exclusively during the course of schizophrenia or another psychotic disorder and are not better explained by another mental disorder (such as mood disorder, anxiety disorder, dissociative disorder, personality disorder, substance intoxication or withdrawal)